

Skills Profile

Kathrin Behme

Training Topics

- ④ Communication (Conversational Skills, Presentation, Moderation)
- ④ Holistic Time Management (Goals and Meaning in Life, Self-organisation)
- ④ Learning & Knowledge Transfer (Training Methods, Suggestopedia, Knowledge Transfer)
- ④ Individual Strengths (Quiet people, Strength-based trainings)
- ④ Change Management (Dealing with Change, Teambuilding)
- ④ Teal organisations and self-organised teams

The content and duration of all training topics can be adjusted according to the needs and preferences of your team.

Furthermore, ...

- ④ I moderate workshops for small and large groups to their preferred topics and in their requested time frame.
- ④ I accompany knowledge transfers between knowledge bearers and knowledge takers.
- ④ I provide coaching to you or your team in situations of change and transformation.



About Me

- ④ University degree in Communication Science (M.A.), German Studies and Anglophone Studies (B.A.) at the University of Duisburg-Essen
- ④ Long-term experience as a trainer in the area of adult education and youth work, teaching various topics from the field of social skills
- ④ Several years of experience working in personnel development in different companies.
- ④ Certified Trainer of Suggestopedia (DGSL)
- ④ Certified Coach (DVWO)
- ④ Certified Online-Trainer (IHK)